

**Ivy Baptist Church**  
**Bible Study**  
**“Master Your Mind: Renewing Your Mind to Please God Pt. 1”**  
**March 1, 2023**

**Goals for the Series:**

1. To understand the POWER of our minds!
2. Personal Reflection: How do my thoughts impact my relationship with Christ?

**What is the Mind?**

- Dictionary: The element of a person that enables them to be aware of the world and their experiences, to think and to feel.

**BIBLICALLY, what is the Mind?**

- In a GENERAL SENSE: The sum total of a person’s mental and moral state of being
- **In the Old Testament there is no ONE clear word for the mind.**
- Mind is connected to life, heart and soul
- Wisdom is attributed to the mind
- **In the New Testament there are several different thoughts for the mind**
- All point to human reasoning, consciousness and functioning

**Today’s Text: Romans 8:5-7**

**Key Thoughts on the Mind:**

- The average person processes 70,000 thoughts per day
- These thoughts can also produce feelings and memories
- It is the STOREHOUSE for ALL functions in your body
- Our CULTURE does NOT give us examples of how we should be as KINGDOM MINDED CITIZENS
- Most of what comes into our mind from the culture is TRASH
- The enemy wants to BOMBARD your mind with TRASH

**Keys in Romans 8:5:**

- The mind focuses on two areas: The flesh and the Spirit
- **Flesh:** Typical human reasoning apart from God (Culture)
- **Spirit:** Things that pertain to God (KINGDOM)
- Only believers have the ability to focus on both areas. Unbelievers do not (only flesh)

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### Keys in Romans 8:6:

- The RESULTS of what your mind focuses on:
- If your mind focuses on flesh the result is DEATH (SEPARATION from God)
- If your mind focuses on THE SPIRIT the result is LIFE AND PEACE
- If you lack PEACE, START FIRST WITH YOUR MIND AND THOUGHT LIFE!

### Keys in Romans 8:7:

- Unbelievers can NEVER be in the will of God because their MINDS are HOSTILE toward God!
- Hostile: Enmity, ACTIVELY opposed to someone or something
- Unbelievers have NOT submitted their MINDS and THOUGHTS to CHRIST!

### Final Thoughts:

- You CANNOT walk with God with a “fleshly” mind!
- God is calling us to MASTER our minds by SETTING OUR MINDS ON THE HOLY SPIRIT!
- YOU must choose what your mind will focus on...KINGDOM or CULTURE



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